



# LUNCH & DINNER

Served  
from 11:30am

**DIETARIES?** Chat with our friendly team and let us know what you need. We'll do our best to help!

## Thai salad | \$21.50

A bowl of mixed greens with chili, mint, coriander, tomato, cucumber, and capsicum in an Asian inspired dressing topped with crunchy fried vermicelli noodles and crushed peanuts (VG, V, GFO, DF)  
+ Chicken @ \$4.50  
+ Steak @ \$7.00

## Nasi goreng | \$19.50

Spicy Indonesian style fried rice with chicken, bacon and prawn crackers served with fried egg (GF, DF)  
+ sriracha @ \$1.00

## Classic BLT | \$18.50

Crispy fried bacon with lettuce, tomato, and garlic aioli on toasted sourdough. Served with chips (GFO, DF)  
+ avocado @ \$3.50  
+ chicken @ \$4.50

## Tracks schnitty | \$21.50

House crumbed, free range chicken breast schnitzel with chips and your choice of sauce (VGO)

## Tracks parmy | \$27.00

House crumbed, free range chicken breast schnitzel topped with Napoli sauce, crispy bacon pieces and melted mozzarella with chips and your choice of sauce (VO)

## Fish & chips | \$26.95

Beer battered flathead fillets served with seasoned chips, dressed salad, lemon, and tartare sauce (DF)

## Salt & pepper calamari

Small (no chips) \$15.95

Large \$24.95

Crispy fried calamari pieces served with seasoned chips, dressed salad, lemon, and tartare sauce (DF)

## Carbonara

Small \$16.00 | Large \$20.00

Al dente pasta in a velvety cream sauce with bacon and parmesan cheese (VO, GFO)  
+ chicken @ \$4.50

## Roast of the day | \$22.50

Chef's choice cooked to perfection and served with roasted potatoes, seasonal vegetables and gravy (GF, DF, NF, VO)

# BURGERS

## Cheeseburger | \$18.50

Tassie beef patty served with American style cheese, lettuce, tomato, and secret sauce in a freshly grilled bun served with seasoned chips  
+ extra patty @ \$4.00 (GFO)

## Kentucky burger | \$18.50

Southern fried free range chicken breast with cheddar cheese, lettuce and mayonnaise in a grilled bun served with seasoned chips

## BLAT burger | \$21.50

Bacon, lettuce, avocado, tomato and grilled chicken in a freshly toasted bun served with seasoned chips (GFO)

## Barramundi burger | \$21.50

Battered barramundi fillet, house slaw and tartare sauce on a grilled bun served with seasoned chips

## The works burger | \$31.00

Your choice of:

- Chicken schnitzel • Tassie beef patty
- Scotch fillet • Vegan schnitzel

Served with bacon, fried egg, onion, American style cheese, sliced tomato, beetroot, lettuce, and secret sauce served with seasoned chips (GFO, VO, VGO, DFO)

# SIDES

## Garlic bread | \$7.00

Grilled ciabatta loaf with herb and garlic butter  
+ cheese @ \$2.50  
+ bacon @ \$3.00

## Soup of the day | \$11.00

Served with toasted sourdough (GFO)

## Hot chips and gravy

Small \$5.50 | Large \$9.00

## Sweet potato fries

Small \$8.00 | Large \$10.00

## Onion rings | \$13.50

Crispy fried onion rings served with a spicy sriracha mayo

## Bao bun duo | \$14.50

Choose from sticky pork belly, fried chicken or crispy fried vegetables with hoisin sauce and pickled vegetables

## Southern fried wings | \$15.50

Six crispy fried wings served with a spicy sriracha mayo

## Caesar wrap | \$15.95

Fresh tortilla filled with slices of chicken schnitzel, cos lettuce, bacon, shaved parmesan cheese with a Caesar dressing

## Loaded fries | \$18.50

Seasoned fries topped with crispy bacon bits, mozzarella cheese and rich gravy

## Caesar salad | \$18.00

Traditional Caesar with cos lettuce and crispy bacon bits with a creamy Caesar dressing and topped with croutons and anchovies (GFO)  
+ poached egg @ \$1.50  
+ chicken @ \$4.50

# SWEETS

## Tracks famous churros

Spanish style doughnuts rolled in cinnamon sugar with warmed caramel and Nutella dipping sauces

\$15.50

## Chocolate + raspberry

Steamed chocolate pudding served with warm chocolate sauce, oreo crumb and raspberry sorbet

\$16

## Sorbet trio

A light and refreshing finish, please check for today's flavours

\$13

## Blackberry Eton mess

Layers of Tassie blackberries, crushed meringue, whipped cream, and vanilla marshmallow

\$16.50

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**DFO** Dairy Free Option | **GFO** Gluten Free Option | **NF** Nut Free | **V** Vegetarian | **VG** Vegan





# BREAKFAST

Served between 7:30am and 3:00pm

**Croissant | \$8.00** Served toasted with your choice of butter with local jam, peanut butter, vegemite, or Nutella (V)

**Brunch croissant | \$12.00**

Toasted with ham, cheese and tomato (VO)

**Warm banana & walnut bread | \$11.00**

Served with maple butter (VGO, V, DFO)

**Classic pancakes | \$15.50** Two fluffy pancakes served with maple syrup and vanilla ice cream (V, DFO) + warm Nutella sauce @ \$2.50 + berry compote @ \$2.50

**Breakfast pancakes | \$22.00** Two fluffy pancakes served with scrambled eggs and bacon topped with maple syrup (NF)

**Smoothie bowl | \$20.00** Acai berry pureed with coconut yoghurt topped with fresh fruit and chia seeds (VG, V, DF, GF, NFO) + toasted muesli @ \$2.50

**Tracks big breakfast | \$26.95** Two eggs served your way on toast with bacon, chipolatas, hash brown, sauteed mushrooms, spinach, and grilled tomato (GFO, DFO)

**Vegan breakfast | \$26.95** Choice of toast with sauteed spinach and pan-fried mushrooms, tomato, avocado, baked beans, and a hash brown (VG, V, GFO, DF, NF)

**Egg & bacon roll | \$13.50** Fried egg and bacon topped with Tasty cheddar cheese and smoky BBQ sauce in a grilled bun (GFO)

**Eggs your way | \$12.50** Two poached, scrambled, or fried eggs on toasted sourdough (GFO, V, NF, DFO)

**Bacon Benny | \$20.00** Two soft poached eggs served with grilled bacon on toasted sourdough and topped with hollandaise sauce (GFO)

**Smashed avo | \$25.50** Two soft poached eggs served with Persian fetta, avocado and beetroot hummus topped with dukkah on toasted sourdough (V, GFO)

**Rosti stack | \$26.50** Tassie smoked salmon with avocado and a poached egg on a crispy potato rosti topped with hollandaise sauce and a side of tomato relish (NF, DF)

**Vegan super bowl | \$20.50** Wild black rice with avocado, sauteed spinach and mushrooms topped with beetroot hummus, pickled vegetables, and sesame seeds (GF, V, VG, DF)

## EXTRAS

Bacon	\$4.50	Mushrooms	\$3.00
Egg	\$1.50	Spinach	\$3.00
Chipolatas	\$4.50	Tomato	\$3.00
Hashbrown	\$3.00	Baked beans	\$4.50
Avocado	\$4.50	Relish	\$1.50
Smoked Salmon	\$5.00	Hollandaise	\$2.50
		Gluten free bread	\$3.00

## COFFEE

	Small	reg.	large
Flat white	\$5.00	\$6.00	\$7.00
Cappuccino	\$5.00	\$6.00	\$7.00
Latte	\$5.00	\$6.00	\$7.00
Mocha	\$5.00	\$6.00	\$7.00
Piccolo	\$4.50		
Macchiato	\$4.50		
Espresso	\$4.50		
Long Black	\$4.50	\$5.50	\$6.50
Baby chino	\$2.00		

## TEA

	Pot for 1	Pot for 2
English Breakfast	\$5.50	\$9.00
Earl Grey	\$5.50	\$9.00
Green Tea	\$4.00	
Peppermint	\$4.00	
Chamomile	\$4.00	

## Other Hot Drinks

	Small	reg.	large
Hot Chocolate	\$4.50	\$5.50	\$6.50
White chocolate	\$4.50	\$5.50	\$6.50
Cinnamon chai	\$5.00	\$6.00	\$7.00
Vanilla chai	\$5.00	\$6.00	\$7.00
Dirty chai	\$5.00	\$6.00	\$7.00

## Cold drinks

**MILKSHAKES**.....\$6.50

- Strawberry • Lime
- Blue Heaven • Banana
- Honeycomb • Vanilla
- Caramel • Chocolate

Oreo shake.....\$8.00

Tim Tam shake.....\$8.00

Biscoff shake.....\$8.00

Iced Coffee.....\$6.50

Iced Chocolate.....\$6.50

Iced Latte.....\$6.50

Iced Long Black.....\$6.50

Iced Mocha.....\$6.50

Spider.....\$6.50

## FLAVOUR SHOTS \$1 each

Vanilla • Hazelnut • Caramel • Extra coffee shot

## SPECIALTY MILK

Oat • Soy • Almond • Lactose-free

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10% Public Holiday surcharge applies.  
Kitchen closed daily between 3pm and 5pm.